

2024 MARCH

SUNDAY

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ELDERBUS: CALL (585) 377-8117 - 2 DAYS IN ADVANCE
MONDAYS AND WEDNESDAYS: Wegmans/ Target (Penfield)
TUESDAYS AND FRIDAYS: Wegmans (Perinton)
THURSDAYS: Country Club Plaza and Aldi's

VOLUNTEER DRIVERS: Call (585) 377-8117 - 2 weeks in advance for
Medical appointments within Monroe County only

Please sign up for ALL activities in the GREEN binder at the front desk!



01

02

9 AM
Coffee Social -Lobby

10 AM
Group Fitness-Dining Room

2 PM
Euchre
2nd Floor Game Room

10 AM
Social Hour
Lobby

2 PM
Rummikub
2nd Floor Game Room

3PM
Walking Club-

10 AM
Social Hour -Lobby

2 PM
Social in Lounge
BYOB and Snack

3 PM
Games
2nd floor Game Room

10:30 AM
Hand Weights-
Lounge area

11AM
Group Fitness -Dining room

1:30 PM
PO-KE-NO -W/Pat
Dining Room

10 AM
Puzzle Social

1:30 PM
Yoga with Stacy

3:30 PM
Walking Club-
Meet in Lobby

10 AM
Social Hour-Lobby

2 PM
Learn to Crochet with
Diana
2nd floor game room

3 PM
Scrabble -Game Room

9:30 AM
Social Hour -Lobby

1:30 PM
Wii Bowling-Lounge

3PM- 4 PM
Joe Miltch
Music Entertainment
Dining Room

9 AM
Coffee Social

10 AM
Group Fitness-Dining

2 PM
Euchre- Game Room

10 AM
Social Hour
Lobby

2 PM
Rummikub
2nd Floor Game Room

3PM
Walking Club-Lobby

10 AM
Social hour- Lobby

2 PM
Social in Lounge
BYOB and Snack

3 PM
Games
2nd Floor Game Room

10:30 AM
Hand Weights-Lounge

11 AM
Group Fitness-Dining

1:30-3:30PM
SOFI Office Hours-
W/Kristen

1:30 PM
Catholic Communion -
Lounge

2 PM
TRIVIA -Lounge
With Pat

9:30 AM
Social Hour-Lobby

10AM
Puzzle Social-Lounge

1:30 PM
Yoga with Stacy

3PM
Walking Club-Lobby

10 AM
Social Hour-Lobby

2 PM
Learn to Crochet with
Diana
2nd floor Game Room

3PM
Scrabble- Game Room

9:30 AM
Social Hour Lobby

10 AM
Blood Pressure Checks
W/ Lisa Lobby

2 PM
Wii Bowling- Lounge

9 AM
Coffee Social-Lobby

10AM
Group Fitness-Dining

2 PM
March Birthday Cake
Lounge

3 PM
Euchre-Game Room

10 AM
Social Hour
Lobby

2 PM
Rummihub
2nd Floor Game Room

3PM
Walking Club-Lobby

2nd Floor Game Room	Monday	Walking Club-Lobby	Scrabble-Game Room	Thursday	Friday	Walking Club-Lobby
<p>10 AM¹⁷ Social Hour -Lobby 2PM Rochester Irish Dancers Dining Room 3 PM Games 2nd Floor Game Room Happy St. Patricks Day</p>	<p>10:30 AM¹⁸ Hand Weights-Lounge 11AM Group Fitness-Dining Room 1 PM Lifespan Event- Scam 101 Lounge 2 PM Bingo-W/Pat -Dining room</p>	<p>9:30 AM¹⁹ Coffee Social-Lobby 10 AM Puzzle Social-Lounge 2 PM Puzzle Social-3rd Floor Library 3 PM Walking Club-Lobby</p>	<p>10 AM²⁰ Social Hour-Lobby 1 PM Travelogue: Deep South USA- Lounge 2:30 PM Learn to Crochet-with Diana 3PM Walking Club-Lobby</p>	<p>9:30 AM²¹ Coffee Social 2 PM Wii Bowling-Lounge 3PM Puzzle Social-Lounge or Library</p>	<p>9 AM²² Coffee Social-Lobby 10 AM Group Fitness-Dining 2 PM Walking Club-Lobby 3 PM Euchre-Game Room</p>	<p>10 AM²³ Social Hour Lobby 2 PM Rummikub 2nd Floor Game Room 3PM Walking Club-Lobby</p>
<p>10 AM²⁴ Social Hour-Lobby 2 PM BYOB and Snack-Lounge 3 PM Games 2nd Floor game room</p>	<p>10:30 AM²⁵ Hand Weights-Lounge 11 AM Group Fitness-Dining Room 1:30 PO-KE-NO-W/Pat Dining Room 3 PM UNO-2nd Floor Game Room</p>	<p>9:30 AM²⁶ Coffee Social- Lobby 10 AM Puzzle Social-Lounge 3 PM Walking Club-Lobby</p>	<p>10 AM²⁷ Social Hour 2 PM Learn to Crochet -with Diana 3 PM Scrabble-Game Room 3PM Walking Club-Lobby</p>	<p>9:30AM²⁸ Social Hour-Lobby 10 AM Blood Pressure Checks w/Lisa Lobby 2 PM Wii Bowling</p>	<p>9 AM²⁹ Coffee and Donut Social Lounge 2 PM UNIDINE Meeting Dining Room 3PM Walking Club Meet in Lobby</p>	<p>10 AM³⁰ Social Hour Lobby 2 PM Rummikub 2nd Floor Game Room 3PM Walking Club Meet in Lobby</p>
<p>10AM³¹ Social Hour -Lobby 2 PM BYOB and Snacks Lounge 3 PM Games 2nd Floor game room HAPPY EASTER</p>						